Christmas Kindness Activity Pack

Companion to Keep the Light On | Ages 3+

INSIDE THIS DOWNLOAD

- 12 small acts of kindness
- My kindness lights coloring activity
- A family kindness reflection

HOW TO USE

Pick one idea at a time. Adapt each activity to your family.

Kindness can be quiet, small, and completely free.

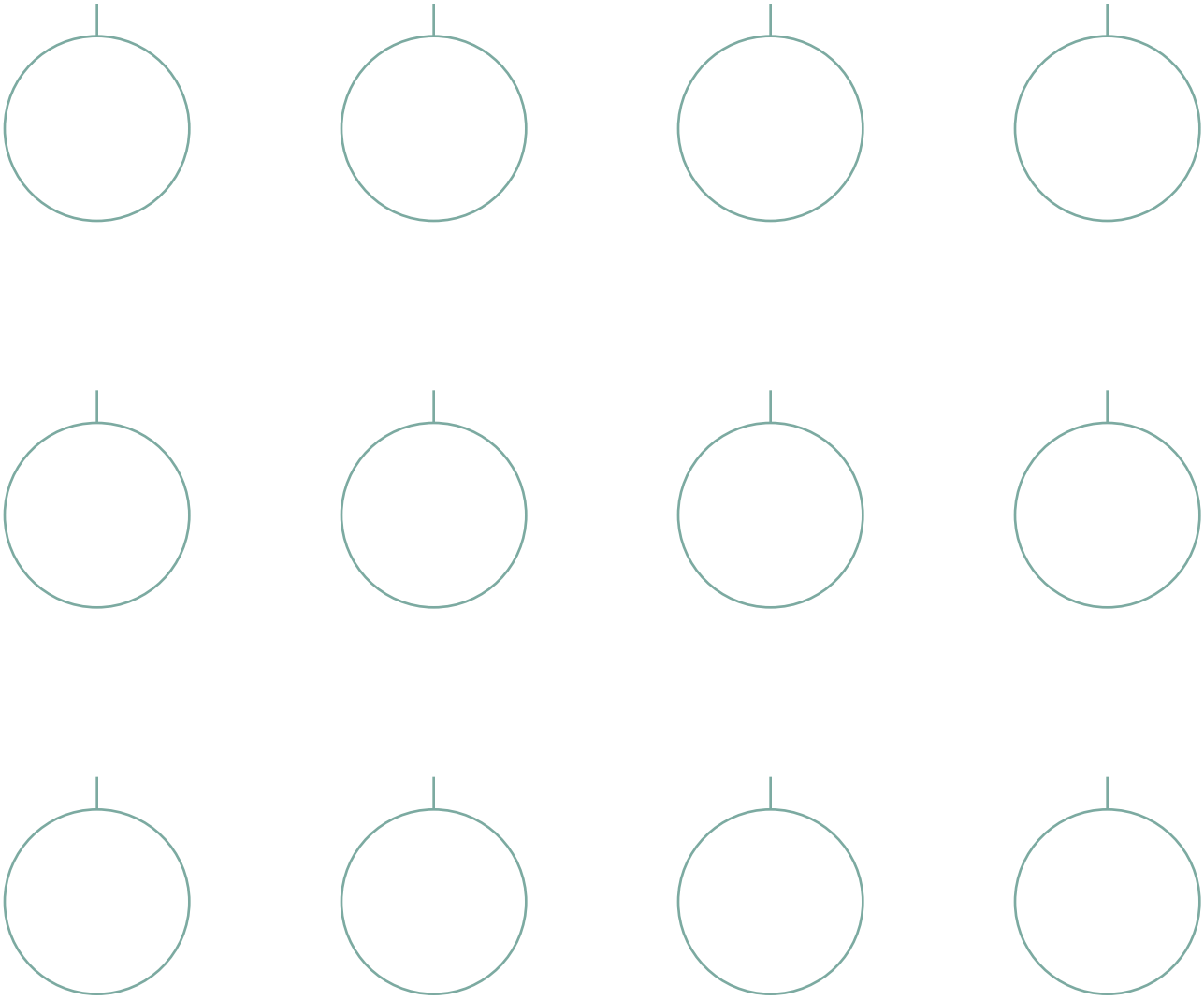
12 Little Lights of Kindness

Color a circle whenever you try an act of kindness.

- ○ Say something kind to someone.
- ○ Help put away toys.
- ○ Draw a picture for a friend.
- ○ Thank someone who helps you.
- ○ Invite someone to play.
- ○ Make a card for a neighbor.
- ○ Share a favorite story.
- ○ Help set the table.
- ○ Give someone a compliment.
- ○ Make a paper decoration together.
- ○ Ask someone how they feel.
- ○ Tell someone why they matter.

My Kindness Lights

Draw or color lights to celebrate kind moments.



One kind thing I did: _____

One kind thing someone did for me: _____

A Little Light to Share

A simple family conversation.

Who helped you feel loved this week?

_____

How can we make someone feel included?

_____

Draw a picture of a kind moment below:

More gentle holiday storytelling: Keep the Light On.