Seven Days of Wonder

Seven undated prompts to begin when you are ready.



DAY 1	Draw the shape of a quiet morning.
DAY 2	Turn a simple line into a garden.
DAY 3	Make art with only three soft colors.
DAY 4	Draw something growing in an unexpected place.
DAY 5	Illustrate one small thing you are grateful for.
DAY 6	Fill a circle with your own kind of wonder.
DAY 7	Make a tiny picture just for yourself.

RETURN WHENEVER YOU LIKE. NO CATCHING UP IS NECESSARY.

My Color Weather

Choose your own palette: there are no wrong colors.

Give each feeling a color. Your palette can change tomorrow.

HOW I FEEL RIGHT NOW

WHAT I WANT MORE OF

SOMETHING THAT GROUNDS ME

Six Little Sketches

Make imperfect miniature art and see where it takes you.



Try six tiny drawings without erasing. Practice being curious, not perfect.

A leaf

A place

A pattern

A memory

A wish

Anything

A Blank Space to Bloom

One romantic botanical detail, and plenty of room to create.

Let the space stay mostly blank. Begin with one soft, wandering line.

A LITTLE NOTE TO MY FUTURE SELF: